“The more progress I have seen in myself, the more I have wanted to share this peace with fellow veterans. There is a companionship and loyalty in military service that is difficult to find in the civilian world and I have found that once again at High Horses.” - A veteran

93% of participants observed by independent raters demonstrated gains in skills in a goal area

49 New Participants in 2015

“I know A__ from working at her school. Her confidence has grown so much since she started riding with High Horses that you would never know she was the same kid! It is amazing what horses can do for our self-esteem.” - A school aid and High Horses volunteer
High Horses Therapeutic Riding Program’s Mission: To improve the well-being of people with special needs through a therapeutic equine experience.

Populations Served

- Cerebral Palsy: 7%
- Autism Spectrum disorder: 22%
- ADD/ADHD: 6%
- Down Syndrome: 11%
- Grey Horse: 12%
- PTSD: 5%
- Other: 37%

231 participants ages 3-94
Seniors, Veterans, Children, Teens, Adults

Volunteers

- 13yrs: Volunteers: Ageless
- 75yrs: $98,659.05

4,557 hours contributed (VT rate = $21.65/hr)
Independent raters measuring outcomes: 29

Volunteers are crucial to our success and are a valued member of the team that help participants reach their goals.

Finances

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>REVENUE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program</td>
<td>63,287</td>
<td>69,260</td>
</tr>
<tr>
<td>Fundraising/grants</td>
<td>178,873</td>
<td>233,514</td>
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<tr>
<td>TOTAL REVENUE</td>
<td>242,160</td>
<td>302,774</td>
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<tr>
<td>EXPENSES</td>
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<td></td>
</tr>
<tr>
<td>Program</td>
<td>214,299</td>
<td>237,019</td>
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<tr>
<td>Admin/Fundraising</td>
<td>22,255</td>
<td>28,830</td>
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<tr>
<td>TOTAL EXPENSES</td>
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<td>265,849</td>
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<tr>
<td>NET INCOME</td>
<td>5,606</td>
<td>36,925</td>
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</table>

Research and Development
Grants/Community Funds awarded

- Alces Foundation
- The Jack & Dorothy Byrne Foundation
- Jane B. Cook 1983 Charitable Trust
- The Couch Family Foudation
- The Hope Foundation
- Lap Foundation
- Thomas Marshall Foundation
- McCollom Charitable Foundation
- NH Charitable Foundation
- Norwich Women’s Club
- Mark and Paula Schleicher
- The Salmon Foundation

www.highhorses.org
How much did we do?

**Therapeutic riding participants**
132 TR participants received GAS session goals
101 obtained independent assessments of their session progress
On average, each participant had 1.4 TR goals per session

**Therapeutic riding instructors**
TR instructors wrote 190 GAS goals
7 TR instructors utilized GAS in TR lessons
2 instructors first started using GAS during this time period
Wrote 27 goals per session on average
Data came from 5 TR sessions (Feb-Apr, May-June, July-Aug, Sept-Oct, & Nov-Dec 2015)

How well are we doing it?

**Therapeutic riding participants**
77% of those with GAS goals had their performance assessed by an independent rater
71% of those who participated in TR lessons were involved in outcomes evaluation efforts
On 31% of the goals, extenuating circumstances at the time of evaluation may have had an influence on goal attainment

**Therapeutic riding instructors**
100% who taught during Feb 2015-Feb 2016 utilized GAS
54% of the goals included the participant’s own session goal (or that provided by family members or care providers)
For 75% of the goals, instructors provided some written instructions for leaders & side walkers on how best to support goal attainment
For 76% of the goals, instructors offered ideas on how gains in targeted skills might potentially benefit the participant beyond horseback riding

Is anyone better off?

93% of participants demonstrated progress beyond their baseline performance in at least one skill area

Assessments of participant performance in the targeted skill areas by independent raters indicated:
On 7% of the goals, the participants demonstrated no progress beyond baseline in the targeted skill area
On 17% of the goals, there was some progress in the targeted skill, but less than was expected
On 41% of the goals, the expected amount of progress in the targeted skill area was demonstrated
On 26% of the goals, participants demonstrated better than expected progress in the targeted skill area
On 9% of the goals, the raters observed much better than expected progress in the targeted skill area

![Graph showing GAS ratings](image)