

SAGE Program For Chronic Illness



High Horses Therapeutic Riding Program

Name: _____ Daytime Phone: _____

Email Address: _____

Mailing Address: _____

Age: _____ Gender: Female Male

Have you had any horseback riding experience? Yes ___ None ___ Limited ___

Brief synopsis of riding experience:

Do you currently exercise (type, frequency and amount):

Do you have any physical limitations:

Why are you taking this class:

Please mark all that apply to you:

- | | |
|---|--|
| <input type="checkbox"/> Anxiety/Panic Disorder | <input type="checkbox"/> Recent Surgery (in past year) |
| <input type="checkbox"/> Balance Issues | <input type="checkbox"/> Recent Injuries |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Spells of Dizziness or Fainting |
| <input type="checkbox"/> Joint Problems | <input type="checkbox"/> Spinal Disease |
| <input type="checkbox"/> Peripheral Neuropathy | |

PHOTO RELEASE:

- I DO
- I DO NOT

_____ consent to and authorize the use and reproduction by High Horses Therapeutic Riding of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Please give a *brief* synopsis of your health:

I take full responsibility for my voluntary participation in the exercise class offered by High Horses Therapeutic Riding Program. I agree to be gentle and work at my own capacity in the class and when practicing at home. I release the instructor and High Horses TRP from liability resulting from any injury or discomfort from my attendance and participation.

Signature _____ Date _____